

Wouldn't it be Nice (LOA Alternative)

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One of the most powerful methods of healing with the mind is to use your imagination seeing yourself as healed or healthy. The problem with that is that negativity seems to sneak in quite often which can negate your progress. This script uses a method that will eliminate that negativity or doubt thereby eliminating most self- sabotage.

Script Begins Here:

I'd like you to think about what you'd like in the way of healing or health... Is there something specific you'd like to improve on or enhance... or are you interested in general overall health?... Get it clear in your mind of what the outcome is that you'd like to have...

Now I want you think about this statement... Wouldn't it be nice... Remember those 4 words... Wouldn't it be nice...

Now I want to say those four words and finish the statement with what it is you'd like to have happen... An example would be: ... Wouldn't it be nice to feel extremely happy every morning... or Wouldn't it be nice to have lots of excess energy?... and then just take some time to let your mind roam free on that statement.

So, I want you to do it right now... Think about what it is you want to improve... Put it in a visual, sentence format... "Wouldn't it be nice... now add on what you want...

Say it again quietly, in a complete sentence to yourself, as you imagine how nice it would be... and let your mind roam... and imagine what it would be like...

Use your imagination and think about how it would be... How would it feel? ... What would you be feeling? ... The reason this is so effective is that by thinking

about how something “would be” there’s no room for doubt... You’re thinking about what it WOULD be like.

Say the statement to yourself with your desire one more time... focus on it... and let your mind roam free...

Remember all the details about what your imagining right now and how you felt about it... This shows you what it would be like... and how possible it could be...

You have the ability of attracting whatever you want into your life... and now you know how to focus on it... and attract it...

Remember that the more you can detail your desires, the more powerful your attraction process will be.